



Open call for actors, dancers, and artists from any discipline who recognize themselves as crossing borders between artistic languages and want to explore movement to develop a process of collective creation.

BODY AWARENESS LABORATORY (**BAL**), is a welcoming place to explore a variety of body techniques to nurture and develop an interdisciplinary theater play throughout this year.

BAL is seeking to promote multidisciplinary research and collective dialogue. This time the premise is going to be: "A TIME TO FLY" As a metaphor of migrations, change of destiny, hopes, and dreams that push us to fly. What is flying like for you?

From connecting with the movement, itself, the expansion of rhythmic body awareness in such a way could extend the expressive spectrum, as a result, this laboratory is looking to obtain the first collaborative approach.

Date: **March 5th, 2023, from 2:00 PM to 5:00 PM**

At Morpheus Rehearsal Centre

3512 - 5th Avenue NW

Lower Level

Calgary AB T2N 0V7

Submissions:

-Send your resume and purpose letter to: bal.yyc.info@gmail.com

-Send a one-minute video with the premise "TIME TO FLY". (You will work on this piece during the Lab session), please use whatever technique you want such as dancing, music, spoken word, painting, video edition, etc.

Timeline:

Application deadline: February 28th, 2023

Successful applicants are notified March 1st, 2023.

*This is a project supported by CADA.

BAL is committed to encourage and promote professional relationships between artists, every selected participant will receive a payment of \$50.00 at the end of the first session.

If you have a question, please send an email to: bal.yyc.info@gmail.com