

# WEBINAR

## Cultivating Collective Care in the Arts

### WEBINAR will include:

- How we can know ourselves in the arts
- How we can invite different perspectives within and into the arts
- How we can use agreements to support collective care in the arts
- How we can cultivate systems change within and through the arts
- How we can differentiate between colonial and decolonial ways in the arts



**TUE, MAY 7, 2024**



**12-3PM MDT (3 HOURS)**



**DISCOUNT FOR ARTISTS**

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FACILITATED BY  
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## WEBINAR

### BACKGROUND

Arts and culture can be a place to personally and collectively explore our creativity, thoughts, emotions, stories, connections, and imagination. In Canada, arts and culture is often experienced through the arts and culture sector, also called the creative sector or arts ecosystem.

Within the sector, there are many stakeholders including the government, educational institutions, funders, arts organizations, venues, donors, audience members, service organizations, communities, suppliers, volunteers, and arts professionals (artists, cultural workers, arts managers, and arts leaders).

The general purpose of these stakeholders is to train, invest, advocate, and champion the work of arts professionals. They do so because they believe in the value of arts and culture to inspire, to bring together diverse voices and perspectives, to provide a quality life, to attract business investment, and to contribute to the economics of a place.

Many of these stakeholders promote arts and culture as a place for collaboration, belonging, well-being, and innovation.

At the same time, the sector doesn't talk about the systems of competition, appropriation, burn-out, scarcity, and regulation that exist.

How do we identify our part in a system that is harmful? How do we heal? How do we be resilient? How do we cultivate collective care?

**CULTIVATING COLLECTIVE CARE in the Arts** means we put into practice the work of artists beyond the container that holds it, we heal our imaginations, we hold space for multiple perspectives, we creatively bend systems, we practice well-being as expansive, and we define collective care with each-other in agreements.

### THIS WEBINAR WILL HELP TO:

- understand the context for the arts and culture sector challenges
- provide a framework for having future conversations about the sector challenges
- cultivate individual and collective care as we navigate these sector challenges

Note: the webinar will not discuss the sector challenges specifically, but will provide a framework for future conversations.

### THIS WEBINAR INCLUDES:

- trauma and resiliency awareness
- somatic and creative integrations

### WEBINAR TOPICS INCLUDE:

- **Conditions** for knowing oneself and each-other
- Contributions of different **perspectives** to knowledge, belonging, innovation, and action
- **Agreements** that can be put in place to support well-being, inclusion, freedom, and validation for all
- Nested systems that show our **connections** between individuals, family, community, and land
- Differences between colonial and **decolonial** ways
- Opportunities for **systems change**



The framework for this webinar comes from the Cultivating Safe Spaces (CSS) program developed and shared by Elaine Alec of Naqsmist Storytellers. Geraldine Ysselstein (she/her) is a trained CSS facilitator and facilitates the content with creative and somatic integrations. She is also an artist and consultant working towards art for social justice and systems change within and outside of the arts sector.

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