

FOR IMMEDIATE RELEASE

June 22, 2022

AT

ART & INTERIORS

Dreamlike
Kale Barr

July 22 – July 25, 2022
812A – 16 Ave SW,
Calgary, AB, T2R 0S9



Kale Barr, 'Places Along the Way', 2022

Acrylic on raw canvas, 62 x 62 inches

© Kale Barr. Courtesy of Kale Barr and AT Art & Interiors.

AT Art & Interiors and Más Studios are pleased to present, *Dreamlike*, a solo exhibition featuring a series of abstract artworks by Canadian artist Kale Barr (Calgary, AB). Curated by Allison Thompson, of AT Art & Interiors, the exhibition is a review of how Barr's work interprets the relationship between nightmares and realistic visions from childhood into adulthood, translating his vivid mental images onto canvas.

The exhibition opens July 22nd, 2022 and runs until July 25th, 2022 at 812A – 16 Ave SW, in Calgary, AB, 11:00 am – 4:00 pm each day. All works will be available for purchase.

In this series of work Kale Barr chronicles both the nightmares and realistic visions that encapsulates our dreams, reflecting on the long-lost child that is within every adult's spirit. Through a variety of color palettes, and a collision of shapes and structures, the works initiate sensations and imagery that investigates Kale's inner psyche. The works display the connection between our nightmares and dreams, the unexpected necessity to have both to create harmony. Like the journey through life, 'Dreamlike' is abstract in thought and nuanced into reality. With each brush stroke Kale Barr's canvases reveal a renewed perspective and the empowerment to take control of your dreams. According to the artist, "being able to identify and embrace that darkness from the nightmare and going into dreamlike is as if I was standing in the rain covered in filth and the rain just washed all this darkness off me, revealing life with vibrancy and color. This thought in my

mind is translated from the nightmare into the dream. There is a dark side to the work as well as a side full of life and love, polar opposites of each other.”

Allison Thompson, curator of the show, adds:

“In this solo exhibition, Dreamlike, artist Kale Barr delves into the psychology behind our dreams and exposes the links between fantasy and reality. To me it is fascinating to see the color combinations, compositions and forms he associates with nightmares versus dreams. In these paintings you can feel the intensity and yearning to be rid of the nightmare to enter his dreamlike state of mind. Kale is seeking to transform the psychological narrative and associations of nightmares and dreams for not only the youth but also in adults, to expand our imaginations, heal our minds and to invite your inner child back into your life. We promise you will be wowed by Kale Barr’s latest work.”

Dreamlike features 20 works of the artist’s large-scale paintings, some of Barr’s largest works to date, presented for the first time in Calgary. These paintings involve aspects of the psychology behind trauma, recognizing it’s causes and learning how to reflect and move forward on these unfortunate events. In this series of work Barr continues to take ownership of his past to provide optimism for others who have gone through similar circumstances. This exhibition’s purpose is to be a catalyst for open conversation and continued healing. The artist speaks about his work as follows: “unfortunately a large portion of my childhood was stolen, through art I have been able to recapture it. I can’t tell you why art heals, I can’t tell you what you’re seeing or why I see what I do. But I can be proof that art does heal and not knowing what we are looking at is exactly what brings us to what we need to see.”

Kale Barr is a self-taught artist that has received numerous accolades for his connection between art and its healing power. His work has been exhibited extensively in Calgary, AB and most recently in China and Europe. His work resides in numerous private collections across Canada and in the United States. He actively participates in charities and causes that are close to his heart, regularly donating artworks and raising money for entities such as the Calgary Food Bank, Special Olympics and S.T.A.N.D.

Public Opening: July 23, 2022, 9:00 – 11:00 pm, including a live painting performance by Kale Barr
Gallery hours: July 22 – 25, 2022, 11:00 am – 4:00 pm, and by appointment

AT Art & Interiors - www.allisonthompsonstudio.com

Kale Barr – www.kalebarrartist.com

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